

# A Topological Theory of Stirring

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## Figure-eight stirring protocol

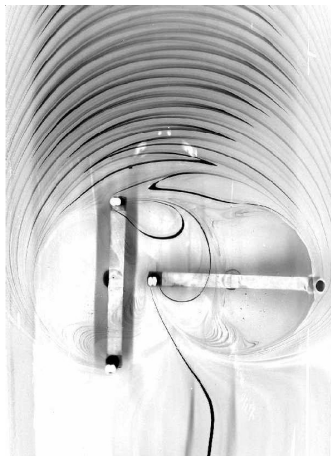


- Classic stirring method!
- Viscous (Stokes) flow;
- Essentially two-dimensional;
- Two regular islands: there are effectively 3 rods!
- We call these **Ghost Rods**
- 'Injection' from the left;
- Dye (material line) stretched exponentially.

Experiments by E. Guillard and O. Dauchot (CEA Saclay).

[movie 1]

## Channel flow



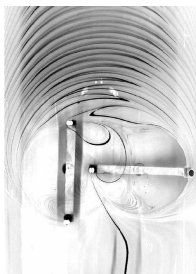
Experiments by E. Guillard and O. Dauchot (CEA Saclay).

[movie 2] [movie 3]

## Channel flow: Injection



Injection  
against flow



Injection  
with flow

- Four-rod stirring device, with two ghost rods;
- Channel flow is upwards;
- Direction of rotation matters a lot!
- This is because it changes the injection point.
- Flow breaks symmetry.

### Goals:

- Connect features to topology of rod motion: stretching rate, injection point, mixing region;
- Use topology to optimise stirring devices.

## Mathematical description

Periodic stirring protocols in two dimensions can be described by a **homeomorphism**  $\varphi : \mathcal{S} \rightarrow \mathcal{S}$ , where  $\mathcal{S}$  is a compact orientable surface.

For instance, in the previous slides,

- $\varphi$  describes the mapping of fluid elements after one full period of stirring, obtained from solving the Stokes equation;
- $\mathcal{S}$  is the **disc** with holes in it, corresponding to the stirring rods.

Task: **Categorise all possible  $\varphi$ .**

$\varphi$  and  $\psi$  are **isotopic** if  $\psi$  can be continuously 'reached' from  $\varphi$  without moving the rods. Write  $\varphi \simeq \psi$ .

## Thurston–Nielsen classification theorem

$\varphi$  is isotopic to a homeomorphism  $\varphi'$ , where  $\varphi'$  is in one of the following three categories:

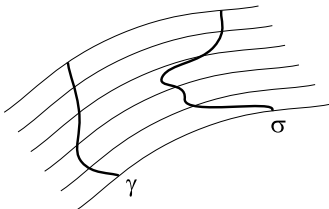
1. **finite-order**: for some integer  $k > 0$ ,  $\varphi'^k \simeq$  identity;
2. **reducible**:  $\varphi'$  leaves invariant a disjoint union of essential simple closed curves, called *reducing curves*;
3. **pseudo-Anosov**:  $\varphi'$  leaves invariant a pair of transverse measured singular foliations,  $\mathcal{F}^u$  and  $\mathcal{F}^s$ , such that  $\varphi'(\mathcal{F}^u, \mu^u) = (\mathcal{F}^u, \lambda \mu^u)$  and  $\varphi'(\mathcal{F}^s, \mu^s) = (\mathcal{F}^s, \lambda^{-1} \mu^s)$ , for **dilatation**  $\lambda \in \mathbb{R}_+$ ,  $\lambda > 1$ .

The three categories characterise the **isotopy class** of  $\varphi$ .

**Number 3 is the one we want for good mixing**

## What's a foliation?

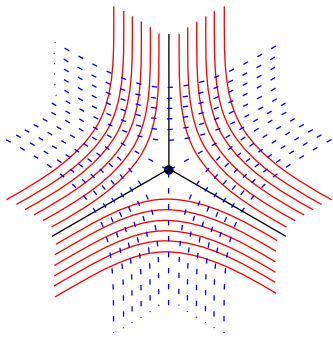
- A pseudo-Anosov (**pA**) homeomorphism **stretches and folds** a bundle of lines (**leaves**) after each application.
- This bundle is called the **unstable foliation**,  $\mathcal{F}^u$ .
- Arcs are **measured** by 'counting' the number of leaves crossed.
- Two arcs transverse to a foliation  $\mathcal{F}$ , with the same transverse measure.



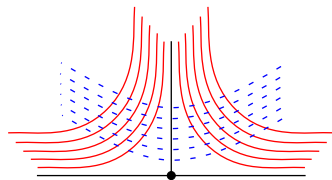
- If we iterate  $\varphi$ , the transverse measure of these arcs increases by a factor  $\lambda$ .

## A singular foliation

The 'pseudo' in pseudo-Anosov refers to the fact that the foliations can have a finite number of **pronged singularities**.



3-pronged singularity

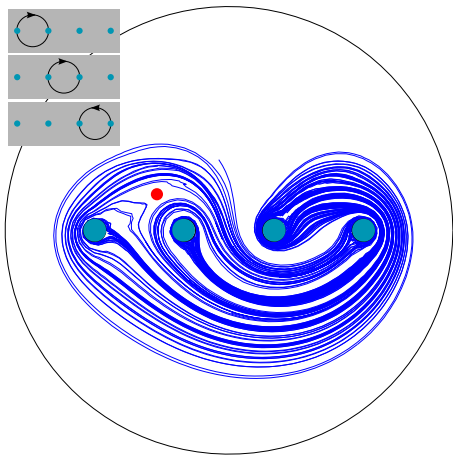


Boundary singularity

But do these things exist?

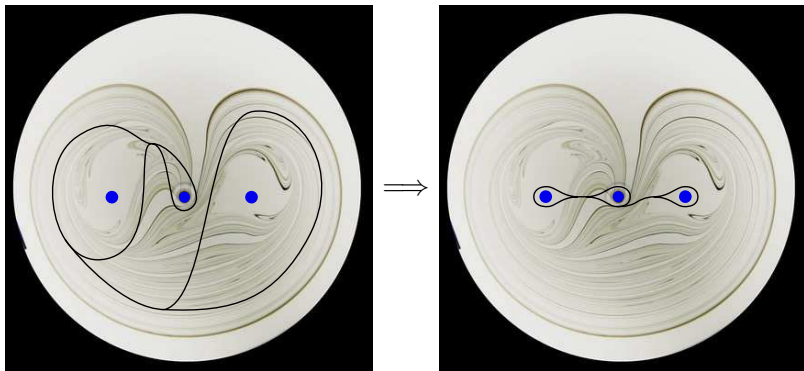


## Visualising a singular foliation



- A four-rod stirring protocol;
- Material lines trace out leaves of the unstable foliation;
- One **3-pronged** singularity.
- One injection point (top): corresponds to **boundary** singularity;

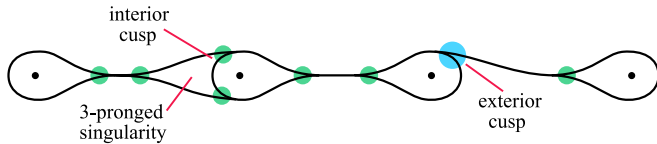
## Train tracks




Thurston introduced [train tracks](#) as a way of characterising the measured foliation. The name stems from the 'cusps' that look like train switches.

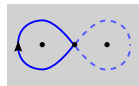
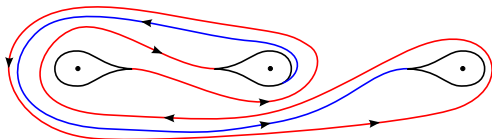
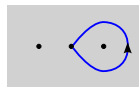
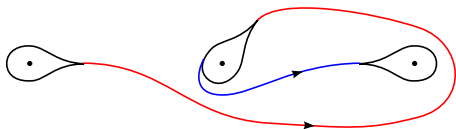
## What are train tracks good for?

- They tell us the possible types of measured foliations.
- Exterior cusps correspond to boundary singularities.

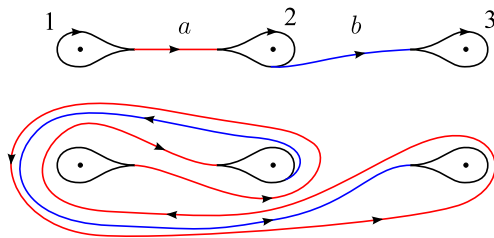


- These exterior cusp are the injection points.
- For three rods, only one type! 
- The stirring protocol gives the **train track map**.
- Stokes flow reproduces these features remarkably well.

# Train track map for figure-eight



## Train track map: symbolic form



$$a \mapsto a\bar{2}\bar{a}\bar{1}ab\bar{3}\bar{b}\bar{a}1a, \quad b \mapsto \bar{2}\bar{a}\bar{1}ab$$

Easy to show that this map is **efficient**: under repeated iteration, cancellations of the type  $a\bar{a}$  or  $b\bar{b}$  never occur.

There are algorithms, such as Bestvina & Handel (1992), to find efficient train tracks. (Toby Hall has an implementation in C++.)

## Topological Entropy

As the TT map is iterated, the number of symbols grows exponentially, at a rate given by the **topological entropy**,  $\log \lambda$ . This is a lower bound on the **minimal length of a material line** caught on the rods.

Find from the TT map by **Abelianising**: count the number of occurrences of  $a$  and  $b$ , and write as matrix:

$$\begin{pmatrix} a \\ b \end{pmatrix} \mapsto \begin{pmatrix} 5 & 2 \\ 2 & 1 \end{pmatrix} \begin{pmatrix} a \\ b \end{pmatrix}$$

The largest eigenvalue of the matrix is  $\lambda = 1 + \sqrt{2} \simeq 2.41$ . Hence, asymptotically, the length of the 'blob' is multiplied by 2.41 for each full stirring period.

## Index formulas

To classify the possible train tracks for  $n$  rods, we use two **index formulas**: these are standard and relate singularities to topological invariants, such as the **Euler characteristic**,  $\chi$ , of a surface.

Start with a sphere, which has  $\chi = 2$ . Each rod decreases  $\chi$  by 1 (**Euler–Poincaré formula**), and the outer boundary counts as a rod. Thus, for our stirring device with  $n$  rods, we have  $\chi = 2 - (n + 1) = 1 - n$ .

Now for the first index theorem: **the maximum number of singularities in the foliation is  $-2\chi = 2(n - 1)$ .**

$n$	max singularities	max bulk singularities
3	4	0
4	6	1
5	8	2

## Second index formula

$$\sum_{\text{singularities}} \{2 - \#\text{prongs}\} = 2\chi(\text{sphere}) = 4$$

where  $\#\text{prongs}$  is the number of prongs in each singularity (1-prong, 3-prong, etc).

Thus, each type of singularity gets a weight:

$\#\text{prongs}$	$\{2 - \#\text{prongs}\}$
1	1
2	0
3	-1
4	-2

only case with  $\{2 - \#\text{prongs}\} > 0$

hyperbolic point ()



## Counting singularities: 3 rods

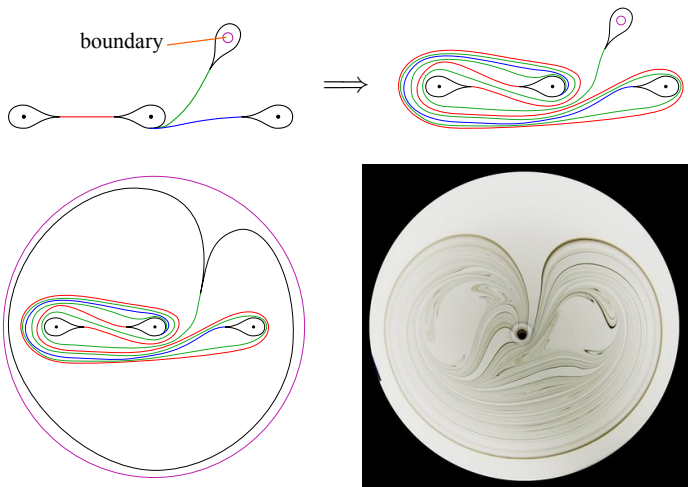
Each rod has a 1-prong singularity () . Hence, for 3 rods,

$$3 \cdot 1 + N = 4 \quad \implies \quad N = 1.$$

A 1-prong is the only way to have  $\{2 - \#\text{prongs}\} > 0$ , hence there must be another one-prong! This corresponds to a **boundary singularity**.

Our first index theorem says that there can be no other singularities in the foliation.

## The Boundary Singularity



Kidney-shaped mixing regions are thus ubiquitous for 3 rods.

## Counting singularities: 4 rods

For 4 rods,

$$4 \cdot 1 + N = 4 \quad \implies \quad N = 0.$$

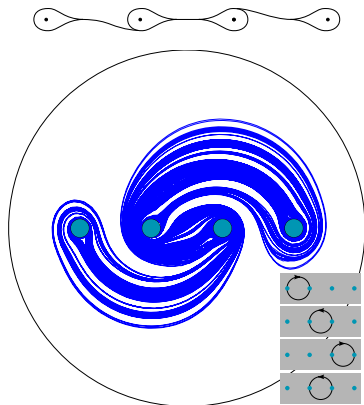
Since every boundary component must have a singularity (part of the TN theorem), two cases:

1. A 2-prong singularity on the boundary ( $N = 0$ ), or
2. A 1-prong on the boundary and a 3-prong in the bulk ( $N = 1 - 1 = 0$ ).

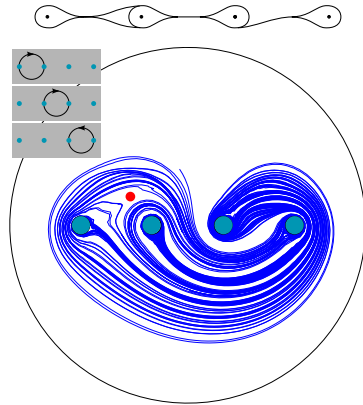
Again, our first index formula says that we are limited to one bulk singularity.

$\implies$  Two types of train tracks for  $n = 4$ !

## Two types of stirring protocols for 4 rods

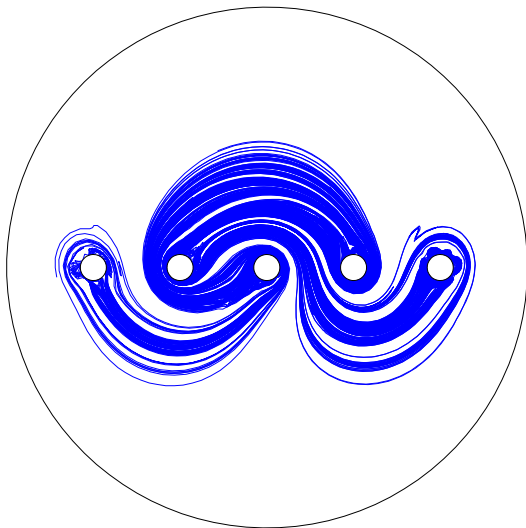


2 injection points  
Cannot be on same side

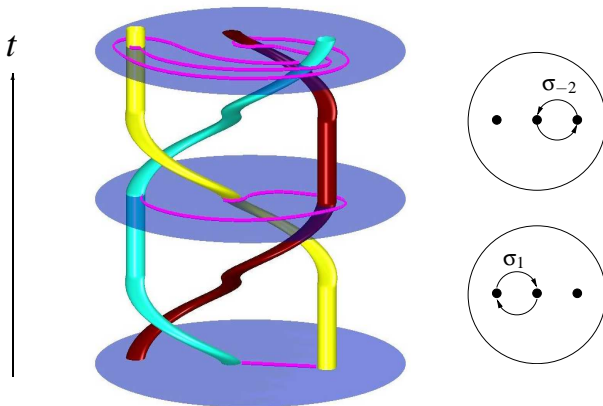


1 injection point  
1 3-prong singularity

## Five Rods, 3 Injection Points



## The Connection with Braids



[P. L. Boyland, H. Aref, and M. A. Stremler, *J. Fluid Mech.* **403**, 277 (2000)]  
Picture from [E. Guillard, M. D. Finn, and J.-L. Thiffeault, *Phys. Rev. E* **73**, 036311 (2006)]

# Optimal Braids

- The stretching of material lines is bounded from below by the braid's **topological entropy**.
- D'Alessandro et al. (1999) showed that  $\sigma_1 \sigma_2^{-1}$  is **optimal** for 3 rods.
- This means that it has the most **entropy per generator**, in this case equal to  $\log \phi$ , where  $\phi$  is the **Golden Ratio**.
- For  $n > 3$  rods, all we have are conjectures (Thiffeault & Finn, 2006; Moussafir, 2006):
  - For  $n = 4$ , the optimal braid is  $\sigma_1 \sigma_2^{-1} \sigma_3 \sigma_2^{-1}$ , also with entropy per generator  $\log \phi$ ;
  - For  $n > 4$ , the entropy per generator is always less than  $\log \phi$ .

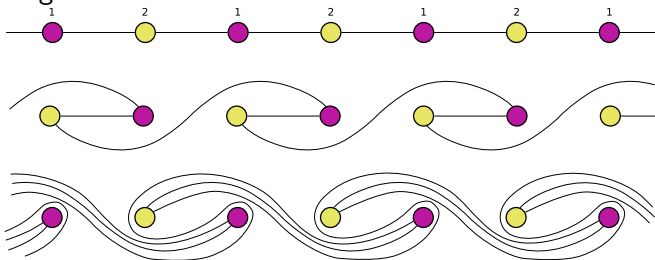
## The Right Optimality?

- Entropy per generator is interesting, but does not map to physical situations very well:
- Simple rod motions can correspond to too many generators.
- In practice, need generators that are more naturally suited to the mechanical constraints.
- Another problem is that in practical situations it is desirable to move many rods at once.
- Energy constraint not as important as speed and simplicity.
- $\sigma_1 \sigma_2^{-1}$  not so easy to realise mechanically, though see Binder & Cox (2007) and Kobayashi & Umeda (2006).



## Solution: Rods in a Circle

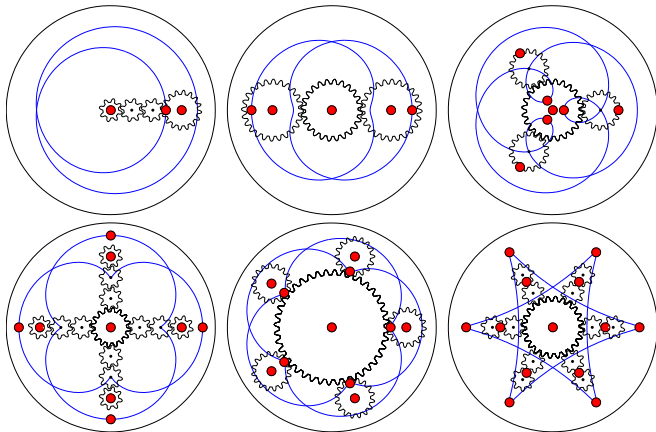
- A mixer design consisting of an even number of rods in a circle.
- Move all the rods such that they execute  $\sigma_1 \sigma_2^{-1}$  with their neighbor.



- The entropy per 'switch' is  $\log \chi$ , where  $\chi = 1 + \sqrt{2}$  is the **Silver Ratio!**
- This is optimal for a periodic lattice of two rods (Follows from D'Alessandro et al. (1999)).

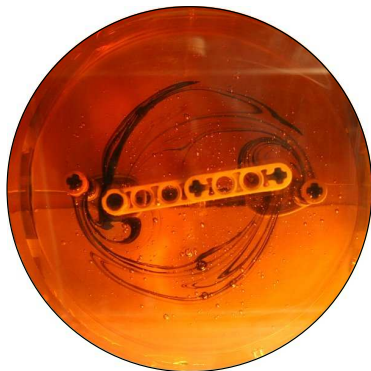
## Silver Mixers!

- Even better: the designs with entropy given by the silver ratio can be realised with simple gears.
- All the rods move at once: very efficient.



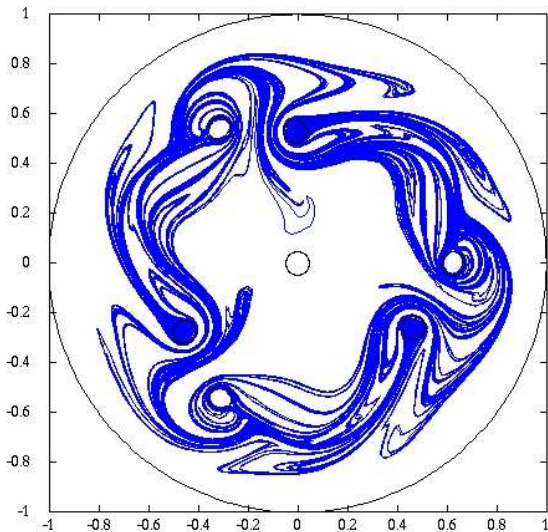
[movie 4]

## Four Rods



[movie 5] [movie 6] [movie 7]

## Six Rods



[movie 8]

## Conclusions

- Having rods undergo ‘braiding’ motion guarantees a minimal amount of entropy (**stretching of material lines**).
- Topology also predicts **injection** into the mixing region, important for **open flows**.
- Classify all rod motions according to their topological properties.
- More generally: Periodic orbits! (**ghost rods and folding**)
- We have an optimal design (**silver mixers**), but more can be done.
- Need to also optimise other mixing measures, such as variance decay rate.
- **Three dimensions!** (**microfluidics**)

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