

Lecture 7 — September 22, 2021

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1 Overview

In the last lecture we defined the sub-gaussian distributions and talked about a few useful sub-gaussian properties.

In this lecture we are going to discuss the general Hoeffding's inequality, sub-exponential distributions, and Bernstein's inequality.

2 Review of Sub-Gaussian Distributions

In this section, we recall some definitions and properties of sub-gaussian variables and norm.

- (Sub-gaussian norm) The sub-gaussian norm of X , denoted $\|X\|_{\psi_2}$ is defined as

$$\|X\|_{\psi_2} := \inf\{t > 0 : \mathbb{E} \exp(X^2/t^2) \leq 2\} \quad (1)$$

if $\|X\|_{\psi_2} < +\infty$, we say X is sub-gaussian.

- (Restate Proposition 2.5.2 in [1] in terms of $\|\cdot\|_{\psi_2}$) $\|X\|_{\psi_2} \leq K$ is equivalent to (up to constants, see more details in [1] page 28)

- (i) The tails of X satisfy

$$\mathbb{P}(|X| \geq t) \leq 2 \exp(-\frac{ct^2}{K^2}), \quad \text{for all } t \geq 0 \quad (2)$$

- (ii) The moments of X satisfy

$$\|X\|_p \leq CK\sqrt{p}, \quad \text{for all } p \geq 1 \quad (3)$$

- (v) If $\mathbb{E}X = 0$, the MGF of X satisfies

$$\mathbb{E} \exp(\lambda X) \leq \exp(C\lambda^2 K^2), \quad \text{for all } \lambda \in \mathbb{R} \quad (4)$$

- (Triangle inequality) For any two sub-gaussian random variables X and Y ,

$$\|X + Y\|_{\psi_2} \leq \|X\|_{\psi_2} + \|Y\|_{\psi_2} \quad (5)$$

3 Main Section

3.1 Centering

Lemma 1 (Centering lemma (Lemma 2.6.8 in [1])). *If X is a sub-gaussian random variable, then $X - \mathbb{E}X$ is also a sub-gaussian and,*

$$\|X - \mathbb{E}X\|_{\psi_2} \lesssim \|X\|_{\psi_2}^1 \tag{6}$$

Proof. By the triangle inequality (5), we get

$$\|X - \mathbb{E}X\|_{\psi_2} \leq \|X\|_{\psi_2} + \|\mathbb{E}X\|_{\psi_2} \tag{7}$$

Also note that, by the definition of sub-gaussian norm, we have $\|\mathbb{E}X\|_{\psi_2} \lesssim |\mathbb{E}X|$ (because $\mathbb{E}X$ is a constant), then

$$\begin{aligned} \|\mathbb{E}X\|_{\psi_2} &\lesssim |\mathbb{E}X| \\ &\lesssim \|X\|_1 \quad (\text{by Jensen's inequality}) \\ &\lesssim \|X\|_{\psi_2} \quad (\text{using (3) with } p = 1) \end{aligned} \tag{8}$$

Substituting this into (7), we complete the proof. □

3.2 Hoeffding's inequality

Here, we consider the concentration inequality to the general *sub-gaussian* distributions.

Theorem 2 (General Hoeffding's inequality (Theorem 2.6.2 in [1])). *Let X_1, \dots, X_N be independent, mean zero, sub-gaussian random variables. Then, for every $t \geq 0$, we have*

$$\mathbb{P}\left\{\left|\sum_{i=1}^N X_i\right| \geq t\right\} \leq 2 \exp\left(-\frac{ct^2}{\sum_{i=1}^N \|X_i\|_{\psi_2}^2}\right) \tag{9}$$

Observations: It is sufficient to show that

$$\left\|\sum_{i=1}^N X_i\right\|_{\psi_2}^2 \lesssim \sum_{i=1}^N \|X_i\|_{\psi_2}^2 \tag{10}$$

But note that triangle inequality (5) only gives us

$$\left\|\sum_{i=1}^N X_i\right\|_{\psi_2}^2 \leq \left(\sum_{i=1}^N \|X_i\|_{\psi_2}\right)^2, \tag{11}$$

which is not good enough. Therefore, we consider to use the independent assumption and the moment generating function of the sum to prove it.

¹The notation $a \lesssim b$ means that $a \leq Cb$ where C is some absolute constant.

Proof. For any $\lambda \in \mathbb{R}$,

$$\begin{aligned} \mathbb{E} \exp\left(\lambda \sum_{i=1}^N X_i\right) &= \prod_{i=1}^N \mathbb{E} \exp(\lambda X_i) \quad (\text{by independence}) \\ &\leq \prod_{i=1}^N \exp(C\lambda^2 \|X_i\|_{\psi_2}^2) \quad (\text{by sub-gaussian property (4)}) \\ &= \exp(\lambda^2 K^2), \quad (\text{where } K^2 := C \sum_{i=1}^N \|X_i\|_{\psi_2}^2) \end{aligned} \tag{12}$$

Recall that the bound on MGF we just proved characterizes sub-gaussian distribution (sub-gaussian property (4)), which implies $\sum_{i=1}^N X_i$ is sub-gaussian and $\|\sum_{i=1}^N X_i\|_{\psi_2}^2 \lesssim \sum_{i=1}^N \|X_i\|_{\psi_2}^2$. □

3.3 Sub-exponential distributions

Motivations: To understand the norm of a vector with sub-gaussian coordinate, we need to understand the square of a sub-gaussian. For example, considering X is sub-gaussian and $Y := X^2$, then for $\forall t \geq 0$,

$$\mathbb{P}(Y \geq t) = \mathbb{P}(X^2 \geq t) = \mathbb{P}(|X| \geq \sqrt{t}) \leq 2 \exp\left(-\frac{c(\sqrt{t})^2}{\|X\|_{\psi_2}^2}\right) = 2 \exp\left(-\frac{ct}{\|X\|_{\psi_2}^2}\right) \tag{13}$$

Note that the tail of Y are like for the exponential distribution, and are strictly heavier than sub-gaussian. Therefore, in the following, we consider another important family of distributions, *sub-exponential* distributions, which are quite similar to the sub-gaussian distributions in terms of either definition or properties.

Definition 3 (Sub-exponential random variables). *The sub-exponential norm of X , denoted $\|X\|_{\psi_1}$, is defined as*

$$\|X\|_{\psi_1} := \inf\{t > 0 : \mathbb{E} \exp(|X|/t) \leq 2\} \tag{14}$$

If $\|X\|_{\psi_1} < +\infty$, we say X is sub-exponential.

Proposition 4 (Sub-exponential properties (restate Proposition 2.7.1 in [1] in terms of $\|\cdot\|_{\psi_1}$)). $\|X\|_{\psi_1} \leq K$ is equivalent to (up to constants, see more details in [1] page 32)

(i) The tails of X satisfy

$$\mathbb{P}(|X| \geq t) \leq 2 \exp\left(-\frac{ct}{K}\right), \quad \text{for all } t \geq 0 \tag{15}$$

(ii) The moments of X satisfy

$$\|X\|_p \leq CKp, \quad \text{for all } p \geq 1 \tag{16}$$

(v) If $\mathbb{E}X = 0$, the MGF of X satisfies

$$\mathbb{E} \exp(\lambda X) \leq \exp(C\lambda^2 K^2), \quad \text{for all } \lambda \text{ such that } |\lambda| \leq \frac{1}{\sqrt{CK}} \tag{17}$$

Lemma 5 (Triangle inequality). *For any two sub-exponential random variables X and Y ,*

$$\|X + Y\|_{\psi_1} \leq \|X\|_{\psi_1} + \|Y\|_{\psi_1} \quad (18)$$

Lemma 6 (Centering lemma). *If X is a sub-exponential random variable, then $X - \mathbb{E}X$ is also a sub-exponential and,*

$$\|X - \mathbb{E}X\|_{\psi_1} \lesssim \|X\|_{\psi_1} \quad (19)$$

3.4 Bernstein's inequality

Similar to the concentration inequality of sums of independent *sub-gaussian* random variables (Hoeffding's inequality), for *sub-exponential* random variables, we have

Theorem 7 (Bernstein's inequality (Theorem 2.8.1 in [1])). *Let X_1, \dots, X_N be independent, mean zero, sub-exponential random variables. Then, for every $t \geq 0$, we have*

$$\mathbb{P}\left\{\left|\sum_{i=1}^N X_i\right| \geq t\right\} \leq 2 \exp\left[-\min\left\{\frac{ct^2}{\sum_{i=1}^N \|X_i\|_{\psi_1}^2}, \frac{ct}{\max_i \|X_i\|_{\psi_1}}\right\}\right], \quad (20)$$

where $c > 0$ is an absolute constant.

Proof. Note that

$$\begin{aligned} \mathbb{P}\left(\sum_{i=1}^N X_i \geq t\right) &= \mathbb{P}\left(\lambda \sum_{i=1}^N X_i \geq \lambda t\right) \\ &\leq e^{-\lambda t} \mathbb{E} \exp\left(\lambda \sum_{i=1}^N X_i\right) \quad (\text{by Markov inequality}) \\ &= e^{-\lambda t} \prod_{i=1}^N \mathbb{E} \exp(\lambda X_i) \end{aligned} \quad (21)$$

To bound the MGF of each term X_i , we use property (17) in Proposition 4. So, if λ is small enough such that,

$$|\lambda| \leq \frac{c}{\max_i \|X_i\|_{\psi_1}} \quad (22)$$

then $\mathbb{E} \exp(\lambda X_i) \leq \exp(C\lambda^2 \|X_i\|_{\psi_1}^2)$. Then we have,

$$\mathbb{P}\left(\sum_{i=1}^N X_i \geq t\right) \leq \exp(-\lambda t + C\lambda^2 \sigma^2), \quad \text{where } \sigma^2 := \sum_{i=1}^N \|X_i\|_{\psi_1}^2 \quad (23)$$

Now we minimize this expression in λ w.r.t the constraint (22). The optimal choice is $\lambda = \min\left(\frac{t}{2C\sigma^2}, \frac{c}{\max_i \|X_i\|_{\psi_1}}\right)$, for which we obtain

$$\mathbb{P}\left(\sum_{i=1}^N X_i \geq t\right) \leq \exp\left[-\min\left\{\frac{t^2}{4C\sigma^2}, \frac{ct}{2\max_i \|X_i\|_{\psi_1}}\right\}\right] \quad (24)$$

Repeating this argument for $-X_i$ instead of X_i , we obtain the same bound for $\mathbb{P}(-\sum_{i=1}^N X_i \leq t)$. A combination of these two bounds completes the proof. \square

References

- [1] Vershynin, Roman, *High-dimensional probability: An introduction with applications in data science*. Vol. 47. Cambridge university press, 2018,