

Lecture 11 — October 1, 2021

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1 Overview

In the last lecture we presented the *decoupling* and *comparison* theorems which will be useful in the proof of the main result of this lecture: the Hanson-Wright inequality. We have the following decoupling inequality. In the lecture we assumed that the diagonal elements of A are zero but the same argument actually proves a stronger version without this assumption, see Remark 6.13 in [1].

Lemma 1 (Decoupling, Theorem 6.1.1 in [1]). *Let A be an $n \times n$ matrix. Let $X = (X_1, X_2, \dots, X_n) \in \mathbb{R}^n$ be a random vector with independent, mean-zero coordinates X_i . Then for every convex function F*

$$\mathbb{E} \left[F \left(\sum_{i \neq j} a_{ij} X_i X_j \right) \right] \leq \mathbb{E} \left[F(4X^T A X') \right],$$

where X' is an independent copy of X .

The following comparison lemma shows that we can essentially replace the sub-Gaussian random variables X, X' in the MGF of the quadratic form $X^T A X'$ by Gaussians.

Lemma 2 (Comparison, Lemma 6.2.3 in [1]). *Let A be an $n \times n$ matrix and $X = (X_1, X_2, \dots, X_n) \in \mathbb{R}^n$ be a random vector with independent, sub-Gaussian, mean-zero coordinates X_i . Let independent vectors $g, g' \sim N(0, I_n)$, and assume $K = \max_i \|X_i\|_{\Psi_2} < \infty$. Then there exists a constant C such that*

$$\mathbb{E} \exp(\lambda X^T A X') \leq \mathbb{E} \exp(CK^2 \lambda g^T A g'),$$

for any $\lambda \in \mathbb{R}$, where X' is independent copy of X and independent of g and g' .

2 Review of Matrix Norms and Singular Value Decomposition

We reviewed basic facts about matrix norms and the singular value decomposition. For details see the slides on <https://people.math.wisc.edu/~roch/mmids/>.

3 The Proof of the Hanson-Wright Inequality

In this lecture, we will prove the Hanson-Wright Inequality. We first restate its statement and then proceed to its proof.

Theorem 3 (Hanson-Wright). *Let $X = (X_1, X_2, \dots, X_n) \in \mathbb{R}^n$ be a random vector with independent, mean-zero, sub-gaussian coordinates. Let A be an $n \times n$ matrix. Then, for every $t \geq 0$, we*

have

$$\mathbb{P}[|X^T AX - \mathbb{E}[X^T AX]| \geq t] \leq 2 \exp \left(-c \min \left(\frac{t^2}{K^4 \|A\|_F^2}, \frac{t}{K^2 \|A\|} \right) \right),$$

where $K = \max_i \|X_i\|_{\psi_2}$ and $c > 0$ is some universal constant.

Proof. In what follows we have that $X = (X_1, \dots, X_n)$ is a random vector with independent mean-zero coordinates and X' be an independent copy of X . We will use the decoupling and comparison lemmas stated above. Moreover, we will use the following estimate on the MGF of quadratic forms of independent Gaussian random variables.

Lemma 4 (Gaussian Chaos MGF). *Let $g, g' \sim N(0, I_n)$ be independent and A be an $n \times n$ matrix. Then for any $\lambda \in \mathbb{R}$, $|\lambda| \leq c/\|A\|_2$, we have*

$$\mathbb{E}[\exp(\lambda g^T A g')] \leq \exp(C\lambda^2 \|A\|_F^2).$$

We can decompose $X^T AX$ into a term involving the diagonal elements of A and one with the off-diagonal:

$$X^T AX = \sum_{i,j} a_{ij} X_i X_j = \sum_i a_{ii} X_i^2 + \sum_{i \neq j} a_{ij} X_i X_j.$$

Since the X_i 's are independent, mean-zero random variables it holds that $\mathbb{E}[X^T AX] = \sum_i a_{ii} \mathbb{E}X_i^2$. Using the fact that for any two random variables X, Z it holds that $\mathbb{P}[X + Z \geq t] \leq \mathbb{P}[X \geq t/2] + \mathbb{P}[Z \geq t/2]$ we obtain the following upper bound on the tail probability of the quadratic form

$$\mathbb{P}[|X^T AX - \mathbb{E}(X^T AX)| \geq t] \leq \mathbb{P}\left[\sum_{i=1}^n a_{ii}(X_i^2 - \mathbb{E}X_i^2) \geq t/2\right] + \mathbb{P}\left[\sum_{i \neq j} a_{ij} X_i X_j \geq t/2\right].$$

Step 1: diagonal sum. X_i 's are independent, sub-gaussian random variables, and therefore, the random variables $X_i^2 - \mathbb{E}X_i^2$ are centered (mean-zero), independent, and sub-exponential. Using the fact that centering a random variable can only reduce its sub-exponential norm we obtain

$$\|a_{ii}(X_i^2 - \mathbb{E}X_i^2)\|_{\Psi_1} \lesssim |a_{ii}| \|X_i^2\|_{\Psi_1} \lesssim |a_{ii}| \|X_i\|_{\Psi_2}^2 \lesssim |a_{ii}| K^2.$$

Thus we can apply Bernstein's Inequality.

Lemma 5 (Bernstein's inequality (Theorem 2.8.1 in [1])). *Let X_1, \dots, X_N be independent, mean zero, sub-exponential random variables. Then, for every $t \geq 0$, we have*

$$\mathbb{P}\left[\left|\sum_{i=1}^N X_i\right| \geq t\right] \leq 2 \exp\left(-c \min\left\{\frac{t^2}{\sum_{i=1}^N \|X_i\|_{\Psi_1}^2}, \frac{t}{\max_i \|X_i\|_{\Psi_1}}\right\}\right),$$

where $c > 0$ is an absolute constant.

We can now bound the tail probability of the diagonal terms

$$\begin{aligned} \mathbb{P}\left[\sum_{i=1}^n a_{ii}(X_i^2 - \mathbb{E}X_i^2) \geq t/2\right] &\leq 2 \exp\left(-c \min\left(\frac{t^2}{K^4 \sum_i a_{ii}^2}, \frac{t}{K^2 \max_i |a_{ii}|}\right)\right) \\ &\leq 2 \exp\left(-c \min\left(\frac{t^2}{K^4 \|A\|_F^2}, \frac{t}{K^2 \|A\|_2}\right)\right), \end{aligned}$$

where we used the fact that $\max_i |a_{ii}| \leq \|A\|_2$ and that $\sum_i a_{ii}^2 \leq \|A\|_F^2$. We move on to the off-diagonal terms. Let $S = \sum_{i \neq j} a_{ij} X_i X_j$. By Markov's Inequality, we have that for any $\lambda > 0$ it holds that

$$P[S \geq t/2] = P[e^{\lambda S} \geq e^{\lambda t/2}] \leq \exp(-\lambda t/2) \mathbb{E}[\exp(\lambda S)].$$

Given that $|\lambda| \leq c/\|A\|$, we can use the Decoupling, the Comparison, and the MGF of Gaussian Chaos lemmas to obtain

$$\mathbb{E}[\exp(\lambda S)] \leq \mathbb{E}[\exp(4\lambda X^\top A X')] \leq \mathbb{E}[\exp(C_1 K^2 \lambda g^\top A g')] \leq \exp(C_2 K^4 \lambda^2 \|A\|_F^2),$$

where C_1, C_2 are universal constants. Therefore, we obtain that $P[S \geq t/2] \leq \exp(-\lambda t/2 + C_2 K^4 \lambda^2 \|A\|_F^2)$. We can now pick the value of $\lambda \in (0, c/\|A\|_2)$, that maximizes the expression $-\lambda t/2 + C_2 K^4 \lambda^2 \|A\|_F^2$ and obtain that

$$P[S \geq t/2] \leq 2 \exp\left(-c_1 \min\left(\frac{t^2}{K^4 \|A\|_F^2}, \frac{t}{K^2 \|A\|_2}\right)\right),$$

for some other universal constant c_1 . To complete the proof we put together the above estimates for the diagonal and off-diagonal tail probabilities and replace the corresponding universal constants by another one. \square

As a corollary of the Hanson-Wright inequality we give the following theorem.

Theorem 6. (Concentration for Random Vectors, Thm 6.3.2 in [1]) *Let $X = (X_1, X_2, \dots, X_n) \in \mathbb{R}^n$ be a random vector with independent, mean-zero, sub-gaussian coordinates with $K = \max \|X_i\|_{\Psi_2} < \infty$. Let B be an $n \times m$ matrix then it holds $\|BX\|_2 - \|B\|_F\|_{\Psi_2} \leq CK^2\|B\|$.*

References

- [1] R.Vershynin, *High-dimensional probability: An introduction with applications in data science*, Cambridge university press, 2008.